

# **The South Carolina Activity Professionals Association**

**Presents:**



**SCAPA's 22nd Annual  
Conference:  
"Peace, Love and Activities"**

**Crown Reef Resort  
Myrtle Beach, SC**

**March 7-9, 2012**

## Conference Schedule

### Tuesday, March 6, 2012

4:00pm Executive Committee Meeting

4:30pm Executive Board Meeting

7:00pm Conference Committee Meeting

### Wednesday, March 7, 2012

7:30am Board Room Open

8:00-10:00am Vendors Set Up

9:30-11:45am Registration Open

10:00-11:45am Trade Show Open: Vendors, SCAPA Ways and Means,  
Bake Sale and Silent Auction

10:45-11:45am Lunch: Finger foods in the vendor room. We will have  
no tables available for seating

12:00-12:30pm Opening Session

12:30-2:00pm Opening Keynote Speaker: (1.5 Clock Hours)  
*The Magic of Positive Culture: It Begins with You!*  
Tony Fountain, President/CEO

2:00-2:15pm (Break on Your Own)

2:15-3:45pm (1.5 Clock Hours)  
*Groovy Share Session*  
Debbie Bouknight, AC-BC, ACC, CDP

3:45-4:00pm (Break on Your Own)

4:00-5:30pm (1.5 Clock Hours)  
*Pet Therapy and the Alternatives*  
Amy Jackson, AP-BC, ADC, CDP

5:30-6:00pm Registration and vendor room open & special  
door prizes

## Conference Schedule Continued

### Thursday, March 8, 2012

7:30-8:30am Vendors Open & Continental Breakfast

8:00-8:25am Registration Open

8:30-10:00am Workshop (**choose one**) 1.5 Clock Hours  
*Quality Indicator Survey (QIS) Process*—Susan Newell, MA, CTRS  
*Ten Mistakes Leaders Make*—Tony Fountain  
*Drum Circles*—Amy Watson, MT-BC, LPC

**10:00-10:30am (Break on your own)**

10:30-12:00 Workshop (**choose one**) 1.5 Clock Hours  
*Independent Living Activities: Bridging the Generations*—  
 Amy Laughlin, ADC, CDP  
*Assisted Living Regulations and How They Impact Activities*—  
 Tiffni Baxley, NHA, CRFCA, CDP, AP-BC, ADC  
*F-248 and F-249: An Update*—Susan Newell, MA, CTRS

12:00-1:15pm Lunch on Your Own (Vendors open)

**12:30pm Last chance to bid on Silent Auction items.**

12:45pm Silent Auction Closes

Please pay for and pick up your items at this time.

1:30-3:00pm Workshop (**choose one**) 1.5 Clock Hours  
*Quality Indicator Survey (QIS) Process*—Susan Newell, MA, CTRS  
*Therapeutic Song Writing for Seniors*—Amy Watson, MT-BC, LPC  
*Time Management and Organization*—Tiffni Baxley

**3:00-3:30pm (Break on your own)**

3:30-5:00pm Workshop (**choose one**) 1.5 Clock Hours  
*Afternoon Gatherings with a Purpose*—Anne Abel, ADC, CRFCA  
*Developing Professional Competence: A CEO's Expectations Revealed*—  
 Tony Fountain  
*Behavior Management: Handling Disruptive Behaviors*—  
 Susan Newell

**7:00pm Annual Awards Banquet**

**Attendees are encouraged to wear their grooviest 1960s attire!**





## **Friday, March 9, 2012**

**8:30am Breakfast and Business Meeting**

**9:30-10:00am Districts meet**

**10:00am Check out from Hotel**

**10:30am-12:00pm Closing Keynote Speaker (1.5 Clock Hours)**

***Humor Therapy: Programming and Management—***

**Susan Newell, MA, CTRS**

**12:00pm Adjournment... That's all folks!**

**12:15pm Board Meeting**

**Have a safe drive home and thank you for coming.....**

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### **SCAPA POLICIES**

#### **SCAPA LATE FEE POLICY**

For each workshop and conference, there is an early registration deadline. Anyone sending in a registration form after the deadline must pay the late fee. There will be no exceptions to this policy. We have deadlines we must meet with hotels and hosting sites, handouts to prepare, registration packets to compile, etc. It also costs SCAPA money if we do not have accurate meal counts for functions. Brochures are sent out at least two months in advance, giving members ample time to request approval and funds. PLEASE do not wait until the last minute to request approval as it may cost you more.

#### **SCAPA EDUCATION SESSION ATTENDANCE POLICY**

NAAPCC, NCCAP and LTHCA require that persons attend an entire session in order to receive credit. In order to maintain our integrity and assure these rules are met, the following policy will be in affect. Anyone who arrives more than 5 minutes after the start of a session, without a pass from a session monitor, will be asked to hand their certificate to a session monitor. The monitor will then mark "NO CREDIT" through the time slot for all sessions taking place during that time frame. The member may still attend the session, but will not receive credit. Breaks are normally 30 minutes each, allowing everyone ample time to get to sessions on time. Also, if anyone must leave during a session, they must return within a reasonable amount of time to receive credit.

#### **SCAPA REFUND POLICY**

Refunds for conference and workshops will be given in case of illness of the member or family, death in family, or Surveyors in member's facility at the time of the event. Refund requests must come to the Board in writing and must be made within 30 days of the close of the event. No refunds will be issued after the 30 day period. Missed conference/workshop fees also will not be applied to a future conference or workshop. Member must request a refund if they meet the above stated criteria. Those who meet the criteria and do not request a refund within the 30 days, will forfeit their registration fee.

## ABOUT THE SESSIONS

### **Groovy Share Session**

We learn so much from each other and gain so many new ideas that we are offering a "Share Session" and need your ideas! We ask each attendee to bring at least one craft or one mentally stimulating activity or game to share with the group. Please bring at least 150 copies of a handout and the craft/game to demonstrate. The facilitator will ask each of you to stand and share your idea with the group. If you are not comfortable with this, please inform Debbie Bouknight ahead of time and she will try to share for you. Everyone will leave this session with many "groovy" new ideas to incorporate into their activities calendars.

### **Pet Therapy and the Alternatives**

Pets are an amazing source of unconditional love: the reminiscing component and the therapeutic benefits are immeasurable for our resident animal lovers. In this session we will pounce on the Pet Therapy topic by exploring the traditional forms and then gallop into the more technological advanced alternatives. Using "live" demonstrations, we will see first-hand how realistic and life-like these "animals" really are.

### **Quality Indicator Survey (QIS) Process**

The survey process as we know it is changing! The "traditional" federal/state survey for long-term care is being replaced with a new survey process known as the Quality Indicator Survey (QIS). It is used to determine compliance with Medicare/Medicaid requirements. In this session, we'll explore how the new QIS differs from the traditional survey. The 2-stage QIS process will be discussed, and how Activity Programs and Services are impacted. Tools and strategies to help you prepare for the QIS process

### **Ten Mistakes Leaders Make**

This session will highlight strategies, tips and ideas to assess your current leadership skills and develop new, practical methods of management. Each participant will leave with an action plan to implement learned skills to enhance their daily focus and in the process discover how to move from an effective manager to a proven leader.

### **Drum Circles**

This is a high energy session exploring various rhythms on the djembe drum. You will learn drumming ideas and techniques to take back to your communities to help residents engage in social interaction, encourage their creativity, and promote self-expression.

### **Independent Living Activities: Bridging the Generations**

Independent Living communities are struggling with two very different generations of seniors: those who are younger, physically fitter and very active and those who have aged in place in an IL community and simply want Bible Study, Bingo and a weekly trip to the Beauty Shop. In this session we will use the Seven Dimensions of Wellness to discuss how to effectively plan and implement programs to meet the needs and desires of BOTH generations of seniors.

### **Therapeutic Song Writing For Seniors**

This song-writing session will demonstrate how to use a familiar song to encourage reminiscence, analyze lyrics and promote the use of cognitive skills.



## ABOUT THE SESSIONS CONTINUED

### **Assisted Living Regulations and How They Impact Activities**

In this session, participants will learn more about the recent changes to the ALF Regulations, and how they effect activities. Participants will also learn more about how their programming is paramount for a successful Assisted Living Community. Although the regulations are not stringent for activities, it is imperative to learn how Activities plays a big role in the overall compliance, while ensuring excellent resident services. Join us for a tour of the new regulations and see how you can improved and excel with your activities programming for our Assisted Living Residents.

### **F-Tag 248 and 249: An Update**

Come "test" YOUR knowledge of OBRA requirements that impact Activity/T.R. Programs and Services in this fun, participatory session. We'll examine how surveyor interpretive guidelines for OBRA F Tag 248 (Activities) and F Tag 249 (Activity Professional) directly impact your home/community and programs you provide. We'll also explore a variety of "Interdisciplinary" team approaches and paperwork strategies to ensure that ALL departments are part of the "ongoing provision of activities!"

### **Afternoon Gatherings with a Purpose**

Join us as we look at creative ways to inspire your residents with afternoon gatherings. We will talk about new ideas for tea and coffee parties, music-related (both listening and movement) socials, cognitive- stimulating gatherings including book reviews and talks and memory tickling sessions. See how you can use something as simple as a "Coke and Peanut Gallery" party to evoke lots of laughter and discussion from your residents. Come planning to have some fun yourself! We will share ideas and best practices for keeping your residents engaged and enlivened with "Afternoon Gatherings with a Purpose."

### **Time Management & Organization**

Sticky notes? List making? Old school or new school? With our busy lives and the responsibilities of an Activity Director, low budgets, high expectations, and stress, we must be organized and be the best at managing our time. In this session, participants will learn ways to make their days, at work and home, more efficient, less stressful and organized. Even when a "Plan B" is needed, there are techniques to ensure that even the most difficult and busy days can be organized and therefore less stressful and a success. Come to this session and regain control over your time and organization!

### **Behavior Management: Handling Disruptive Behaviors**

This session will challenge you, your knowledge of your residents, and your facility's teamwork efforts in managing challenging behaviors. Causes and precipitating factors relating to various behaviors including physical aggressiveness, verbal aggressiveness, social inappropriateness, hoarding and rummaging and wandering will be explored. Therapeutic and individualized care plan interventions, incorporating interdisciplinary staff involvement, will also be discussed.

### **Developing Professional Competence: A CEO's Expectations Revealed**

How many times have you wondered what your Administrator or Executive Director really expected from you in terms of performance and professionalism? A CEO shares his personal stories and expectations and gives tips on how to continue to develop and grow above and beyond your personal goals.

## ABOUT THE SPEAKERS

### KEYNOTE SPEAKER:

#### Tony Fountain, President/CEO

Tony Fountain began his senior living career 23 years ago as an Activity Assistant in a 132-bed skilled nursing facility in the upstate of South Carolina. During his 15 years with that corporation, he moved from Activity Assistant to Vice-President of Operations, responsible for serving 1600 residents and 950 employees. In 2003, Tony became the President/CEO of Westminster Towers, a Senior Living Services organization in Rock Hill, South Carolina offering services to some 500 seniors across the region. He is also an International Accreditation Surveyor with the Continuing Care Accreditation Commission in Washington, DC and is an instructor with Duke University's Non-Profit Management Program. He has served on numerous boards during his career, including his current roles as Chairman of the Board with Aging Services of South Carolina, Vice-President of the Board with Hospice and Community Care, Board Member of Palmetto Volunteers in Medicine and an appointed member of the National Commission of Ethics in Aging Services in Washington, DC.

Tony is a frequent speaker and presenter in various venues. He is licensed by the SC Board of Long Term Health Care Administrators and has been recognized as, Who's Who in the South and Southwest; International Who's Who of Professionals; and Outstanding Young Man of America.

### ENDNOTE SPEAKER:

#### Susan Newell, MA, CTRS

Susan Newell is president/owner of T.R. - T.I.P.S., Inc., a firm specializing in training, educational services, consulting services and management products for long term care, assisted living, and adult day centers. Susan has a Master's Degree in Therapeutic Recreation and Administration, a Master's Certificate in Gerontology, and 20+ years administrative and hands-on experience. She is the author of twelve books, including Care Plans for Culture Change; MDS 3.0, CAAs, and Care Plans for Activities; Activity/TR Services for Long Term Care and Activity Services Survey-Made-Easy. She has also authored numerous articles for Creative Forecasting. Sue is an adjunct assistant professor in Therapeutic Recreation and Health at the University of Nebraska at Omaha. She teaches Activity Coordinator and Social Service Training Courses in Iowa and Nebraska and instructs workshops, seminars and conference sessions for Activity and Therapeutic Recreation Professionals across the United States.



## ABOUT THE SPEAKERS Continued

**Anne Abel, CRFCA, ADC**, has been in the Activity Profession for 21 years including 10 years at her current position as Engage Life Director at Atria Forest Lake in Columbia. She has a B.A. from Newberry College, graduate work from the University of South Carolina and the University of Kentucky and is a licensed Administrator for Continuing Residential Care Facilities. She has been Activity Director Certified for 12 years. She has given workshops for SCAPA, the Lt. Governor's Office on Aging, the Alzheimer's Association, the Caregiver's Coalition and Dementia Dialogues. She is married and has two children and three grandchildren.

**Tiffni Baxley, NHA, CRFCA, AP-BC, ADC** is a dually licensed Administrator (NHA and CRFCA), Certified Dementia Practitioner (CDP) and Certified Activity Director (ADC). She began her career in Long Term Care in 1992 and has served in the following capacities: Activity Director, Social Worker, HR Director, Marketing Specialist, Administrative Support Manager, Assistant Administrator, Administrator, and Consultant. She is a featured speaker on a variety of subjects relating to geriatric healthcare, and serves as an expert witness for nursing home defense cases. She has assisted with the opening of 2 new CCRC's, implemented culture change programs, & developed/implemented a specialized Alzheimer's program for skilled nursing with a holistic approach to quality of care and life.

**Amy Laughlin, ADC, CDP** began working in the field of activities as a volunteer over eight years ago and quickly discovered the joy associated with educating, entertaining and energizing senior adults. She currently holds the position of Director of Life Enrichment at Westminster Towers, a CCRC in Rock Hill, SC. She has been a member of SCAPA since October 2003 and currently serves on the SCAPA Board as Professional Development Chair. She is a Dementia Dialogues Trainer, coordinates a Dementia Support Group for the community and has written for Creative Forecasting.

**Debbie Bouknight, AC-BC, ACC, CDP** has been employed as Director of Activities at LMC Extended Care, a 388 skilled care facility, for 26 years. She was awarded the SCAPA Activity Professional of the Year award in 2001, Distinguished Service award in 2004 and the NAAP Activity Professional of the Year award in 2007. She currently serves as SCAPA Past President, and has also served as Central District Rep, Corresponding Secretary, Recording Secretary and President. She has conducted several conference sessions for both SCAPA and NAAP, has served as NAAP Public Relations Chair and currently holds the position of NAAPCC Director of Public Relations.

**Amy Jackson, AP-BC, ADC, CDP** has been in the field of activities for the past 11 years. Her original plan in life was to be a Social Studies teacher, but through divine intervention, began working with senior adults. She has been very involved in SCAPA since she took her first Activities Director's job in 2000, serving as District Rep, Parliamentarian, Professional Development Chair, and most recently President. Amy truly believes that in order to be a FANTASTIC Activity Professional you must always be willing to learn and to keep an open mind!

**Amy L. Watson, MT-BC, LPC** is a Board-Certified Music Therapist and Licensed Professional Counselor. She is employed with Palmetto Health Baptist Medical Center in Columbia, SC, and has worked with a variety of psychiatric populations including pediatrics, oncology, adolescents and adults, as well as conducting music therapy groups with geriatric populations. In 2004, she graduated Magnum Cum Laude from Charleston Southern University with a B.A. in Music Therapy followed by a Master of Arts in Clinical Counseling at Columbia International University. She believes in the power of art and music encouraging clients of all ages to explore their own creativity and its impact on their wellness.



**SCAPA 2012 CONFERENCE Form and Fees : (One Form Per Person Please)**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Full Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

SCAPA District: \_\_\_\_\_ Email Address: \_\_\_\_\_

Certification: ACC \_\_\_\_\_ ADC \_\_\_\_\_ AAC \_\_\_\_\_ AP-BC \_\_\_\_\_ CTRS \_\_\_\_\_ Other: \_\_\_\_\_

Certification Hours needed: \_\_\_\_\_NAAPCC \_\_\_\_\_NCCAP \_\_\_\_\_LTHCA (Administration)

Name of Facility: \_\_\_\_\_

Administrator's Name ( Mr. or Mrs.): \_\_\_\_\_

Facility's Address: \_\_\_\_\_

SCAPA Member (Circle One) Yes No

Is this your first Conference? Yes No

**Early Bird Registration**

**One day ONLY Registration**

On or before February 1, 2012

(member-before Feb.1, 2012)

\_\_\_ SCAPA Member: \$180.00- 3 days

\_\_\_ Wed. Only \$100.00 (non-member \$125.00)

\_\_\_ Non-member: \$250.00- 3 days

\_\_\_ Thur. Only \$100.00 (non-member \$125.00)

**Late Registration**

**(Postmarked after February 1, 2012 and before February 22, 2012)**

**Due to Hotel Needs no registration forms or fees will be accepted AFTER February 22, 2012**

\_\_\_ SCAPA Member: \$230.00

\_\_\_ Weds. Only \$150.00

\_\_\_ Non-member: \$300.00

\_\_\_ Thurs Only \$150.00

**Full Registration Fee includes Admission to all Education Sessions, Exhibits, Wednesday lunch, Thursday Night Awards Banquet and Friday Morning Breakfast.**

**Please check if you plan on attending: \_\_\_Weds. Lunch \_\_\_Thurs. Night Banquet \_\_\_Fri. Morning Breakfast**

**GUEST MEALS: Name of guest (s): \_\_\_\_\_**

\_\_\_ Weds Lunch (\$26.00) \_\_\_ Thurs Night Banquet (\$40.00) \_\_\_ Fri. Morning Breakfast (\$20.00)

**Make Checks Payable to: SCAPA Send to: Amy Laughlin 744 Pinebough Ln, Rock Hill, SC 29732**

**SCAPA does not accept credit cards.**

**ANY REGISTRATION FORM SENT WITHOUT CHECK OR MONEY ORDER WILL BE CONSIDERED INVALID AND NOT PROCESSED UNTIL PAYMENT IS RECEIVED. IF THIS OCCURS AND PAYMENT IS RECEIVED AFTER 02/01/12, THE LATE FEE WILL APPLY.**

**REFUND POLICY:** Only for emergency situations or DHEC in your facility. A refund must be submitted in writing and approved by the SCAPA board within 30 days of the close of the conference .



**SCAPA Membership Form**

If you are not already a member of SCAPA, but would like to join and attend the conference at the member fee, please send this form and a check for \$40.00 to:

Linda Wright, AP-BC, ADC  
P.O. Box 384  
Gaffney, SC 29342  
864-487-2717 ext.103

PLEASE make check payable to SCAPA. PLEASE DO NOT include your membership fee with your conference registration fee.

SCAPA membership entitles you to a quarterly newsletter, FREE District workshops with approved CE hours and discounts on State sponsored workshops, as well as networking opportunities.

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_

Email \_\_\_\_\_

Facility Name \_\_\_\_\_

Are you Certified? Yes No Certification Number \_\_\_\_\_

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2913 S Ocean Blvd. Myrtle Beach SC 29577

**Reservation Form**

**GROUP NAME:** SC Activity Professionals' Association

**CODE** \_\_\_\_\_ **Arrive** \_\_\_\_\_ **Depart** \_\_\_\_\_

Reservation must be received by 01/07/12 to qualify for the special rates extended to your group.

Rates are available 2 days prior and after the event, based upon availability < Check-in any time after 3:00pm (inside the Crown Reef Conference Center) across the street from the Hotel and you may park your automobile under the Conference Center and use elevator of steps to enter.

Reservation made by \_\_\_\_\_ or Confirmed by \_\_\_\_\_

**MANDATORY POLICY:** You are required to give us your address/telephone number to receive your confirmation in the mail. We also cannot guarantee any reservation that does not have a credit card number, money order or check along with this form.

PLEASE RESERVE ACCOMMODATIONS FOR:		
NAME _____		COMPANY _____
Last	First	
STREET ADDRESS _____		
CITY _____		STATE _____ ZIPCODE _____
SHARING ROOM WITH _____		NUMBER OF PERSONS IN ROOM _____
SIGNATURE _____		DAYTIME PHONE NUMBER _____
Reservation made by _____		or Confirmed by _____

MONTH	DAY	YEAR
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*Check in time: After 3:00pm  
Check out time: Before 11:00am*

MONTH	DAY	YEAR
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**ARRIVAL DATE**

**DEPARTURE DATE**

Room Guarantee: 1<sup>st</sup> night deposit is required to secure your reservation, via Credit Card or Check. If making your deposit by check, please allow 45 days for check to clear. **CANCELLATION POLICY:** If reservation is cancelled more than 14 days prior to your scheduled arrival date, there will be a \$25.00 administrative fee, **if reservation is cancelled within 14 days of your arrival date, the first night's deposit is the cancellation fee.** **PLEASE DO NOT SEND CASH!** MAKE CHECKS PAYABLE TO: THE CROWN REEF RESORT OR GIVE CREDIT CARD INFORMATION BELOW:

CREDIT CARD# \_\_\_\_\_ AMEX DISCOVER CHECK/MONEY ORDER

EXPIRATION DATE \_\_\_\_\_ VISA MASTERCARD DINERS CLUB

I authorize the Crown Reef Resort to charge my credit card for 1 night's deposit including all applicable taxes.

Signature \_\_\_\_\_ Amount \_\_\_\_\_

ACCOMMODATION TYPES	
A.	Oceanfront Deluxe Queen: 2 queen beds, compact refrigerator, private balcony.
B.	Oceanfront Queen Efficiency: 2 queen beds, fully equipped kitchen, private balcony.
C.	Oceanfront King Efficiency: 1 king bed, 1 sleeper sofa, fully equipped kitchen, private balcony.
D.	Oceanfront Deluxe Suite: 2 queen beds, 1 sleeper sofa, 1 Murphy wall bed, fully equipped kitchen, private balcony.
E.	Oceanfront King Jacuzzi Suite: 1 king bed, 1 sleeper sofa, 1 Murphy wall bed, fully equipped kitchen, Jacuzzi tub, private balcony.
F.	Oceanfront Queen Jacuzzi Suite: 2 queen beds, 1 sleeper sofa, 1 Murphy wall bed, fully equipped kitchen, Jacuzzi tub, private balcony.
<b>RATES:</b> B. <u>\$59.00</u> C. <u>\$64.00</u> D. <u>\$69.00</u> E. \$ _____ F. _____	

**This is for single/double occupancy. Extra person fee of \$10.00 per person per night**

PLEASE CIRCLE THE LETTER OF YOUR PREFERRED ACCOMMODATION TYPE. SHOULD YOUR CHOICE NOT BE AVAILABLE, THE NEXT APPROPRIATE ROOM TYPE WILL BE RESERVED FOR YOU. ALL ABOVE RATES WILL HAVE SALES TAX of 13% and resort fee of \$6.22.

PLEASE CALL TOLL FREE 1-800-405-7333 OR FAX 843-626-3261 ... REFER TO GROUP CODE \_\_\_\_\_

**Any questions Sales office phone number-1-888-600-6932**

Amy Laughlin, ADC, CDP  
SCAPA Professional Development Chair  
744 Pinebough Ln  
Rock Hill, SC 29732  
Phone: (803) 328-5018  
Email: [alaughlin@westminstertowers.org](mailto:alaughlin@westminstertowers.org)

**Check us out on the web:**

**[www.scapasc.org](http://www.scapasc.org)**

**SCAPA-**  
**“To Provide Education,  
Networking and  
Professional Support”**

**12 NCCAP, NAAPCC  
and LTHCA CLOCK  
HOURS HAVE BEEN  
REQUESTED FOR  
THIS CONFERENCE**



**\*\* You will receive a confirmation letter either by email or through the mail confirming that your registration form and fee have been received. \*\***

