



South Carolina
Activity Professionals
Association
Presents

The Annual Activity
Assistant's Workshop
Friday, September 24, 2010
Columbia Presbyterian Community
Columbia, SC

**Activity Assistant Workshop Schedule
Friday, September 24, 2010**

Morning

9:00-9:30am

Registration & Refreshments

9:30-11:00am

“What Administrators Look For In Activity Professionals”

Toni Edge, CRCA

11:00-11:15

Break

11:15-12:45pm

“Active Aging”

Anne Abel, BA, ADC, CRCFA

12:45-1:45pm

Lunch Provided

Afternoon

1:45-3:15pm

“I’m Laughing As Fast As I Can”

Carol Allen, ADC, LED, CDP

3:15-3:30pm Break

3:30-5:00pm

Taking Glamour Shots Above and Beyond!

Amy Laughlin, BA, ADC, CDP & Dawn Martineau, AAC

5:00pm

Adjournment

The Activity Assistant’s Workshop Location:

Columbia Presbyterian Community

(803) 796-8700

Directions:

Once in Columbia take Interstate 20, going West (towards Augusta)

Take Exit #61, Route 378 Lexington. Coming off the exit there are two left hand lanes.

You want to be in the far left lane. Off the exit, turn left at the light onto Route 378 and continue over the expressway to the next light. Turn left onto DeVega Drive. The Columbia Presbyterian Community (formerly Home) is at the end of DeVega Drive.

SCAPA WEBSITE: www.scapasc.org

ABOUT THE SESSIONS

“What Administrators Look For In Activity Professionals”

We'll take a look at activity professionals through the eyes of the administrator. You will learn what they look for in the activity program and professional. You will learn how to achieve a successful working relationship with the administrator and other staff.

“I'm Laughing As Fast As I Can!”

This presentation teaches techniques to reduce stress and increase creativity using humor. You will get a hefty dose of laughter and creative ways to give you and your residents many therapeutic effects that improve the quality of life through humor. Laugh, reduce your stress, and live! You're worth it!

“Active Aging”

Last year we focused on Physical and Cognitive exercise. This year, we will look at Social Engagement Creative Expression and a Brain Healthy Diet. These three components will be explored with the sharing of current research, hands on activities, and role plays. We will also sample some brain Healthy snacks, and discuss how nutrition affects Active Aging.

“Taking Glamour Shots Above and Beyond!”

“Glamour Shots” are a great opportunity to pamper the residents and make them feel beautiful, special and sophisticated. Do 100% of your residents participate? Have you considered how to turn your “Glamour Shots” into a fundraising project? Or how to use them as great PR for your community? If not, this session is for YOU!

ABOUT THE SPEAKERS

Toni Edge, CRCA is the administrator of the Carriage House of Taylors, SC. She entered the field 12 years ago as a CNA who had a passion for making a difference in the lives of residents. She has held positions in the industry as Resident Care Assistant and Director, Life Enrichment Director, Marketing and Sales Director.

Carol Allen, ADC, CDP has been a national and award winning speaker for 35 years. Her experience in both skilled nursing and assisted living facilities includes activity director and consultant. Her programs receive rave reviews for their content and applicability to the job. She has served on the Governor's Board for Excellence in Health Educ. in the state of Tennessee.

Anne Abel, BA, ADC, CRCFA has been in the Activity Profession for 20 years including 11 years at her current position as Engage Life Director at Atria Forest Lake in Columbia. She has done several workshops for SCAPA, the Lt. Governor's Office on Aging, the Alzheimer's Association, the Caregiver's Coalition and Dementia Dialogues

Amy Laughlin, ADC, CDP & Dawn Martineau, AAC have worked together at Westminster Towers Community in Rock Hill for over 7 years, where Dawn holds the position of Assisted Living Activities Coordinator and Amy is the Director of Campus Activities. They are excited about being part of the SC LAC for the NAAP Conference 2011 and love to share their successful programs.

South Carolina Activity Professionals Association

Carol Allen
Asst. Professional Development Chair
7 Ravensworth Road
Taylors, S. C. 29687

(864) 906-1938
E-Mail: carolallen.lifeenrichment@gmail.com

**6 CLOCK HOURS
WILL BE
ACCEPTED BY
NCCAP**



SCAPA 2010 Activity Assistants Workshop Registration Form & Fees

Name: _____

Complete Mailing Address: _____

Zip: _____ Phone: () _____

Email Address: _____

Name of Facility: _____

SCAPA Member (Circle One) Yes No

REGISTRATION FEE:

SCAPA Member

\$50.00

After 9 /08/10

\$80.00

Non-Member

\$90.00

After 9/08/10

\$120.00

Please Send Payment & Registration Form to:

(Make all checks payable to SCAPA)

Carol Allen

7 Ravensworth Road

Taylors, SC 29687
