



SCAPA News

The Quarterly Publication of the South Carolina Activity Professionals Association

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From Your President

✉ Lorre Baird, BS, AP-BC, ADC, CDP ✉

Gracias, Merci, Danke sehr, Arigato, Toda, Efharisto, Thank You! What a wonderful experience and a fantastic job our 2017 conference was! Central District, you outdid yourselves and we are so grateful for one of the best conferences we have ever had! I know what a task it is to put it all together throughout the year and then make sure it flows right. Amy and Dawn, thank you for your leadership and conference committee, thank you for your hard work!

Our conference would not be half of what it is without the diligent work of Debbie Bouknight, our professional development chair. Debbie's job is nonstop throughout the year and she always does an excellent job at getting us the best speakers! I can tell you that we are one of the few state conferences that have the privilege of having national level speakers. Debbie's involvement with NAAP has brought us the best!

We've had a few changes in our Board positions and I'd like to welcome our new members and thank those that are vacating or changing positions. I just tried to write all this out and even I got confused as to who is leaving, changing or stepping in! It's a bit of a shuffle but maybe

this will be as simple as I can get it. Betsy Anderson, Amy Laughlin, Dawn Martineau and Pam Wessinger are all leaving our Board. Many thanks to you all for your dedication and service to SCAPA. These folks are changing positions or joining our Board: Renee Bledsoe is now our Marketing Chair. Carol Evers is our Treasurer. Jenny Juhasz is our Recording Secretary. Debbie Bailey is our new Publication Chair. Amy McCormack is our new Central Rep. Andrea Milligan takes over as Lower Rep and Beth Batson is now our Piedmont Rep. Welcome to our new Board members! (We are in the process of filling our Awards Chair and Historian.)

Happy Spring to you all! Thank you for being a part of SCAPA and making it the great organization that it is!

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SCAPA Website:
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Nominations

Nominations for the following elected positions are as follows:

President

Treasurer

Corresponding Secretary

Marketing Chair

Please email your nominations for these offices to me as soon as possible. Remember that persons considered for the above listed offices must have been on the SCAPA Board for a period of one year before being eligible for nomination to Executive committee position.

You may call or email nominations to me at any time during this year.

Government News Links

- **cms.gov** brings you the latest news, updates, and seminars. Impress your administrator, be the team player in the know for all things government, whether pertaining to your department or just being up on new regulations.

- **naap.info** offers its members eLearning sessions. Just click and select what sessions you want to

participate in. In order to receive credit for the training and earn CEU's you will need to complete the Lunch & Learn Form. Remember you must check with your certifying body to verify which sessions qualify for your particular certification. All sessions are pre-approved and accepted by NAAPCC.

- **nccap.org** –please check on their website for any information about upcoming webinars, chat sessions, etc., that you may receive CEU's for this year. There normally is a nominal charge for their chat/sessions.

- **mcknights.com** and **mcknightsseniorliving.com** both offer webinars for people who work in LTC, Assisted Living or Independent Living offer. These are

also free and very informative, mainly administrative information as well as nursing sessions. You just need to register with McKnights and you are emailed every time they have a webinar as well as receive their monthly newsletter which has some great insightful articles in it every time. Just remember, McKnight's webinars will be accepted by NAAPCC as long as the material falls within the continuing education criteria. They will not be accepted by NCCAP.

You are solely responsible for following the policies of either Activities Certification Board as far as how many of each type of continuing education hours is accepted by NAAPCC or NCCAPCC.

NAAP To Accept Live Webinars for CE Credits

NAAPCC will now accept LIVE webinars as "face to face" continuing education credits, *as long as they were pre-approved by NAAPCC*. This will include the monthly NAAP webinars when they are viewed live. Archived and any other online webinars, etc., will continue to count toward non-traditional CE credits and only 50% of your credits can come from those sources. At least 50% of your credits must be from "face to face" education. You must be a NAAP member to get free CE credits from their webinars.

Professional Development

Debbie Bouknight, BS, AC-BC, ACC, CDP

Wow! If you were not able to attend the 27th annual SCAPA conference, you missed a great one! We had 143 registered for this conference, which was a record and very exciting! The growth is phenomenal and it was so nice to see so many Activity Professionals looking to better themselves and take knowledge back to their communities to conduct the best programs possible!

We would love to hear your success stories! Email and let us know how you implemented something you learned at conference and we will share it in the August newsletter.

The members of the SCAPA Board prides ourselves on being able to offer great education at a very affordable price. Attendees had the opportunity to earn 12 CE credits at the conference. While we cannot possibly cover every topic, we do try and have a good variety with sessions to meet the needs of professionals working in all venues with the

elderly. Many of the sessions can be adapted for any venue. If you know of anyone who would be a good speaker for SCAPA, please let me know.

This year, we were fortunate to have two national level speakers, Anthony Vicari and Gloria Hoffner. Between them, they offered us 9 education sessions and a lot of great information and programming ideas. Our own, Amy Laughlin, has also spoken at the national level and will be going onto the NAAP Board this April. Lorre Baird, Kathy Hunter and Tiffni Baxley also all offered great information in their sessions and we are very thankful to have them close by! Take advantage of their knowledge and experience!

The Districts will all be hosting spring workshops and I hope you can attend those. They are free and you gain 3 free CE credits as SCAPA members. You can also network with peers to share challenges and solutions.

The next SCAPA State workshop is on August 18, at the

Wingate Inn in Lexington, SC. You will receive more information in the mail around the first of June. Please get registered early as seating is limited.

Our speaker will be Natalie Davis from TX. She is a national speaker who has spoken all over the US, is an Activity Consultant and has a wealth of information to share. I have heard her several times and she is an awesome speaker. You will not want to miss her!

Make plans now to attend. You will receive 6 CE credit hours that are NAAPCC, NCCAP and LTHCA pre-approved. The sessions also fall within the NCTRC job analysis areas and will also be accepted by NCCDP for CDP certifications. If you need to come in Thursday night, there is a block of rooms reserved at the Wingate Inn in Lexington, SC at I-20 and HWY 378.

Look forward to seeing you at the District workshops and in August!



Scenes from workshops at the SCAPA conference in March in Myrtle Beach.



Corresponding/Membership Secty.

Bill Webb, BME, AP-BC

There have been several behind-the-scenes tweaks and updates to the membership and membership renewal forms to help make processing new and renewing members more efficient. In addition, all membership renewals have been extended to the last day of the month of your membership. This change will help record keeping and make distributing reminders and processing renewals more efficient.

Please remember to note your certifications on the renewal form. We want to give each certified member of SCAPA his/her due recognition. As always, it is my great pleasure to serve each of you as your SCAPA Corresponding Secretary.

Membership as of Conference 2017

Total	241
Central	73
Coastal	49
Lower	40
Piedmont	79
New Members	73
Central	18
Coastal	19
Lower	15
Piedmont	21

Straight from the NAAP Conference in Denver

Debbie Bouknight, NAAP State Rep

The NAAP conference was a great time to re-connect with Activity Professionals from across the US and Canada and we even met a couple from Australia! How exciting to network with peers from across the world! And guess what, we all have the same challenges! With the technology available, we were able to skype in with residents at communities in Australia and it was so much fun! There is another activity opportunity for your residents. Get on the web and find a home in another country (preferably that speaks English) and start up a program where some of your residents can SKYPE or Facetime with them.

If you are a NAAP member, you are aware of the monthly webinars. Please take advantage of that membership opportunity. You can

get one free CE credit for viewing those, and now, if you view it live, you can use it toward your face to face education because you can interact with the speaker and they have been pre-approved by NAAPCC. There is also a toolbox on there with all sorts of helpful information and every week, you receive an eblast (if you registered for it) and great articles to help you! **Please take advantage of your membership benefits!**

Some highlights from the NAAP Conference

Wording for F tags 248 and 249 have changed. They were not big changes and are things that most of us were already doing, but I will be sending out more information on that for you. A number of other Tags have changed and do affect

our programming efforts. Watch for more in eblasts.

Invest in yourself – You can afford it! If you are fortunate enough to be in a facility that supports your continuing education, your membership to professional organizations or your certification, that is great, and icing on the cake. If you're not that fortunate, do it for yourself. You will be a better professional for it.

Resource: craftcarts.com

Tedtalks – great programs your residents can view.

Leadership: Are you the Captain

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Spirit of Caring 2017

Debbie Bouknight, BS, AC-BC, ACC, CDP ~

If the answer to that question is “yes”, then please submit a program or service offered at your community to the SC spirit of Caring initiative this year. This is not difficult to do and does not take a lot of time to type up your program. You all are already conducting some incredible programs and need to showcase those and share them with your peers. This is your opportunity to “shine” and to let your colleagues as well as the DHEC surveyors see the positive things going on in our communities.

The theme this year is:
South Carolina Spirit of Caring
 20 Years of Heroes
 Celebrate Your Super Power

The deadline for the poster portion of the pro-

gram has passed. Thank you to all who submitted posters!

Do you work in skilled care?

Towards the third week in May, you will receive the Best Practice submission letter with the deadline for submission (June 30). You can actually start working on them now and you'll be ahead of the game! If anyone needs a format or ideas of how to write up their program, please contact Debbie for examples. I have been asking every year for *ALL SCAPA member facilities to participate*, I do wish this would be the year everyone would finally participate! The program can only survive if there is participation from the Skilled Care facilities, whether private pay or Medicare/Medicaid certified, you can participate.

National Certification

Debbie Bouknight, BS, AC-BC, ACC, CDP

CONGRATULATIONS!!

For receiving their National Certification

Carol Evers, AP-BC, Activity Professional Board Certified

Justina Pilkonis, AP-BC, Activity Professional Board Certified

Please remember to let me know when you receive your national certification so we can properly recognize you in this newsletter.

SCAPA has always been a strong advocate for certification for Activity Professionals. Those who are certified should have the knowledge base

and skills to direct the best programs. If you are not yet certified, please look into it. There is always the possibility it could become a requirement in the future, whether you are in skilled care or assisted living. If you are already certified when that happens, you will be ahead of the game. Many communities already require their directors or staff be certified and it gives you a leg up when job searching.

There are two certification options for Activity Professionals. The NAAPCC (www.naapcc.net) offers five PATHs from which to

choose to follow toward your Activity Professional Board Certification (AP-BC) based on your education level. There is a PATH for those with MT-BC, ATR, CTRS, OT, etc., to follow as well. There are also Consultant PATHs to follow. NAAPCC is following the guidelines of the National Commission for Certifying Agencies (NCCA) to assure nothing unethical is occurring within their organization. This certification is recognized under FTags 249 and 281. No course is required in order to meet NCCA standards.

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District Representatives-Central

✎ Amy McCormack ✎

Happy Spring Everyone!

I am so excited to be the Central District Representative I can hardly stand it! I have been working with seniors doing activities since 2001. I was certified as an activity director in 2002 and was lucky enough to take the MEPAP course at Lexington Extended Care with other SCAPA members I get to see often. I have been so blessed in my career to work with all levels of care from Skilled Nursing for 11 years to Memory Care, Independent Living and Assisted Living!

My mission is to make our residents feel loved, valued and to encourage them to live life to the fullest. In addition to my love and work with seniors, I am a singer. I am a current member of the Lexington County Choral Society, sing at weddings and funerals as well as other retirement communities and for other local organizations. I am also a Certified Holistic Health Coach and have a love for helping people feel their best in every way.

I was the former Life Enrichment Coordinator at Agape Senior West Columbia which later became Carolina Gardens. Currently, I have been the Assistant Director of Life Enrichment at the Presbyterian Community at Columbia in Lexington for a whole year! It has been such a wonderful experience working for a company that truly cares. I am looking forward to the next 2 years at Central District Representative!

This Spring we are hosting our 2nd workshop at the Presbyterian Community of Columbia in Lexington. At our Fall Workshop we discussed Community Service Projects, introduced some new sensory activities, and discovered the world of genealogy and how to program this into your resident life programs.

Our Spring Workshop will begin with *Oh the Challenges of Activities Directors* and How to Fix Them. When we all get together and network, we realize that each of us have similar challenges we face everyday from staff challenges to programming dilemmas. We want to please everyone, but how do we do it? Are you a newbie to the profession? Here's your chance to ask the most experienced Activities Professionals in SC.

Our second session will be an

hour on *The World At Your Fingertips!- Using the Latest Technology in Your Programs*. From Youtube, to Pandora, to Google Maps, Video Games, Netflix, and more, discover how having all this fantastic technology at your fingertips can benefit you and your residents.

For our final session, our Dietician Linda Masai will present *Nutrient Dense Foods For Wellness*- healthy alternatives for sweets during resident programs and incorporating healthier foods in your programming and life. She will also discuss a program she calls *Quick Bites* where residents sample a food and learn about its nutritional value. We all love to eat, so why not use food to our body's advantage to make a positive impact on our lives! Join us for this fantastic workshop and learn something new! Come learn something new and exciting!

District Representatives-Lower

✎ Andrea Milligan ✎



I've worked in memory care for the past 5 years. Alz/Dementia is my Passion! I am a certified Activity Professional through NAAPCC (AP-BC) and a Certified Dementia Practitioner (CDP). I am the Program Director at a brand new Alzheimer's Special Care Center that opened last June.

My job includes marketing our building, training staff in dementia and programming and leading a monthly support group as an Alzheimer's Association Facilitator. I am very passionate about fundraising for the Walk to End Alzheimer's and am also a member of the Lowcountry Senior Network.

District Representatives-Coastal

✉ Tara Manson ✉

Thanks to Central District for a wonderful conference! I can only imagine the countless hours that it took to organize and put it all together. Also, congratulations to all the districts for an overwhelming turn out with many new members attending. Thank you, Debbie Bouknight, for all your hard work to ensure the week went smoothly. I know I came back to my facility with lots of new ideas for future programming. If you didn't get a

chance to attend, I hope you get to next year.

Coastal is host for 2018 Conference. We presented our theme at Friday's breakfast. Activities: Where The Magic Begins! "Fairytale Can Come True When Activity Professionals Add Their Magic" Lori Newman and I will be working together as Conference Chair. It is a lot of work and it will take many hands and many hours to get things right for conference, so

please help if you can. You can contact me at tmanson@methodist-manor.com if you are interested in serving on conference committee.

The Coastal District will be having our Spring Workshop on April 21, 2017 at McElveen Manor of Sumter. I will send out an email as soon as I have everything confirmed.

Coastal District currently has 49 members.

District Representatives-Piedmont

✉ Beth Batson ✉

Hello SCAPA members! My name is Beth Batson and I am the new Piedmont District Representative. Joining SCAPA was one of the best professional decisions I ever made. SCAPA has helped me gain more knowledge and understanding of my profession, not to mention all the great people I met over the years. I became a Certified Activity Director through NCCAP about 6 years ago. My career in healthcare began in 1999, first as a CNA, then as an Activity Assistant and finally as a Director of Activities. Even though I have learned a lot through the years, I will be the first to say that I learn something new everyday. I



count myself blessed to be able to work with such a great group of people everyday, the Elderly! I can't see myself doing anything else in life.

When I am not on the clock, I am the mother of 2. My son, Daniel, will be 23 this August and my daughter, Emily Kate, just turned 20 in December. I LOVE being a mom to these 2, they are my best accomplishments in life. Sure being a single mom isn't easy, but I have enjoyed watching them grow into wonderful young adults. I raised them in the nursing home, so to speak, and taught them to respect and love the elderly. I tried to instill in them the mindset that the elderly are treasures to be

adored not wrinkled old people setting in wheelchairs and it worked! My kids have grown to love my residents as much as I do.

My hobbies include reading, painting, flower gardening and DIY crafts. I am an avid Pinterest follower and am always on the look out for a new project. I often connect my residents into trying out a new Pinterest DIY with me. I love to hear their laughter and see their smiles when one of our projects succeeds or even fails, to be honest just getting them involved in doing something new brings me so much joy.

My mom once told me I had a caring heart like my grandmothers

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NAAP News



Debbie Bouknight, BS, AC-BC, ACC, CDP
NAAP State Rep



It was great having the NAAP Vice-President, Anthony Vicari speak at our 27th annual conference! He received great reviews and I hope you will also take his advice and join NAAP if you are not yet a member. You can do so at www.naap.info. You can join online and send a company or personal check, just mark the box for “check” under payment. In addition to supporting YOUR national association, which is your voice in Washington, you will have the benefit of watching webinars and obtaining free CE credit. You can watch these when they are shown live or you can go to the elearning tab at the NAAP website and watch them at your convenience. Not only is there great education to help you on the job, but the webinars more than cover the cost of your NAAP membership. You

will not get that many CE's for the same cost as the membership fee.

As a member, you will also receive weekly eblasts with information and some great articles to help you be a better professional, as well as great programming ideas. You will also have access to the quarterly newsletter.

If you are already a NAAP member, please take advantage of your benefits and please do not forget to renew when the time comes. If you are unsure when your renewal date is, please contact me.

On another note, **the NAAP 2019 conference is going to be held in Charleston, SC!!** This is so exciting. Some of you will remember the last NAAP conference in 2011 in Myrtle Beach. It was one of

the best ever! And yet another reason for you to join NAAP! We will begin putting a committee together shortly to start planning for this conference as there will NOT be a SCAPA conference in 2019. Instead, we will encourage you to attend the national conference. You will have the opportunity to hear many national level speakers as well as network with Activity Professionals from across the US, Canada and other countries. I promise you will make friends for life! We hope to have many of you helping make this conference in our state another great one and we know you can do it!!

Be the Activity Professional you are and support your National Association, Join NAAP Today!

www.naap.info

Certification Options

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The NCCAP certification is also an option. They offer Activity Director and Consultant Certifications (ADC & ACC) and have Tracks to follow based on the education background. They do require all individuals to take their MEPAP course for certification. You can find more information at www.nccap.org. Their certification is recognized under F tag 249. Please note that ADPC is not

a recognized certification under FTAG 249 because it is not a full certification. AAC is also not recognized under FTAG 249. These certifications are offered to assist the professional in bettering themselves professionally. ADPC's only have certain number of years to finalize their certification, after which time the designation should no longer be used. There are some CTRS' in the field, which is also recognized under

F tag 249. Some of them also obtain their Activity Professional Certification to gain specific knowledge about working in long term care with the elderly.

If you have questions about certification, please feel free to contact me and I will walk you through the process. And don't forget to let me know when you do become certified, no matter which organization.

What Are the Skilled Care Requirements?

Focus on
Skilled Care



Debbie Bouknight, BS,AC-BC,ACC, CDP



I want to encourage you all to remember you are the Activity Professional and should know the regulations that affect you. You need to know them so you can make sure you are following them, and you also need to know them as you occasionally have to stand up for yourself. The regulations for Certification for skilled care facilities that accept Medicare/Medicaid residents are very comprehensive and extensive.

I cannot possibly cover all 32 pages of my manual of the Federal Skilled Care activity regulations in this article. If you do not already have them, I encourage you to get a copy of F tags 248 and 249 from your Administrator, and make sure you study it regularly. There is a lot of information there to keep up with.

I want to specifically target the following items in this article:

The regulations (F tag 248) state that “activities” refers to any endeavor other than routine ADLs, in which the resident participates that is intended to enhance his/her sense of well being and to promote physical, cognitive and emotional health. ADLs include dressing, bathing, feeding and grooming. The guidance to surveyors states that manicures, hair styling, etc. may be considered as part of the activities program. A lot of socialization goes on in the beauty shop as well as increased self esteem.

Activities are basically ANY-

You are the Activity Professional....

Do You Know The Regulations????

(For those in Skilled Care)

THING the resident enjoys doing outside of ADLs and therapy. This may include TV, sitting and looking out the window, reading on their own, sitting outside, music – headphones, strolling, group programs, doing things with their family members, and socializing. Some residents just enjoy sitting somewhere and watching what goes on around them. Make sure you document what your residents enjoy doing during their leisure time, either in their quarterly notes or their participation records.

One to one programming refers to programming provided to residents who will not or cannot, effectively plan their own activity pursuits, or residents needing specialized or extended programs to enhance their overall daily routine and activity pursuit needs. Make sure you document all one to one therapy, no matter who conducts it. For those residents who prefer to self-initiate activities, and I got this from Susan Newell, it is recommended you visit with them weekly to review the availability of activity supplies and see if they have any needs. Document that you have done this and document that no needs/issues are identified. Under F 248 “Assessment:

NOTE: *Some residents may be independently capable of pursuing their own activities without intervention from the facility. This information should be noted in the assessment and identified in the plan of care”.*

Under the section of the regulation, guidance to surveyors on Non-traditional Approaches to Activities: residents, staff and families may interact in ways that reflect daily life, *instead of in a formal activities program.*

Under the Care planning section of the guidance to surveyors under F tag 248, it states: **Activities can occur at any time, are not limited to formal activities being provided only by activities staff, and can include activities provided by other facility staff, volunteers, visitors, residents and family members.** Just be sure and document. I would encourage you to well document anything the resident does with their family and if it is their choice and preference. Obviously, you should not ignore a resident because they have a lot of family support. Having attentive family, who conduct activities with their family member, does not absolve you from your responsibilities, but it does count toward enhancing their overall well being. You should be offering other activity options, even if the resident has a substantial family presence. If they decline the offerings, that is their choice. Documentation is the key.

Q & A on F Tag 248

Do I have to have a specific “participation” or “one to one participation” form? The answer to this is “no”. Many companies put out various forms and many of us create our own. The guidelines for F 248 state that a system must be in place that supports the development, implementation and evaluation of the activities provided for the residents in the facility. Whatever that “system” is, is up to you, whether it is participation records, quarterly notes, etc. There is nothing there that tells you what must be on the form, etc. It is standard practice to keep participation and quarterly note records and it is also the only written evidence you have of what the resident does as far as activities. It is one of the best ways for you to gauge what your residents are doing on a day to day basis and how often they have family support, etc. For example, if a resident says they do not participate in activities, have no idea who you are, etc., having no documentation to dispute that could get you cited. If however you do have the records, that show the resident does participate and maybe they are forgetful or confused, you should then have no problems. It can also help you with family members who may think “mama” doesn’t do anything. Keep track not only of the group activities and one to one programming you provide, but also document any leisure activities they initiate themselves or activities and visits conducted by others, including families (F tag 248). This will give you a good overall picture of what they do on a day to day basis and lets you know how much support they do have from family or friends. This will let you know if family support has dropped off and if that resident needs more attention from you or possibly a

volunteer. You can’t possibly document everything they do, but the more you get down on paper, the better picture you have of the residents and what they enjoy.

Are there a certain number of activities I am required to conduct? The answer is “no”, there is no specific number. We are to provide activities to meet the needs and interests of our residents, so the number of programs, and when we provide them, will be determined by them. Resident council is a good place to find out if residents are satisfied with what is being offered, with when it is being offered, and if they want anything more. Another good time to ask residents is during the MDS 3.0 interviews. This also applies to one to one. Some residents cannot or will not tolerate more than a few minutes of our time. That is OK, as long as it is documented. There is no specific number of times a resident should be seen. It is determined by what each resident needs and can tolerate. The main thing is that their needs are being met and that their choices are documented. If they prefer time with their family over us, that is their choice and right and does contribute to meeting their activity needs and to their overall well-being.

Am I required to have a Resident Council? No, you are not required to conduct a Resident Council *if your residents do not want that*. However, you are required to give them the opportunity to meet if they so choose (F tag 243). Most communities do have a Resident Council and minutes are kept. Minutes can help you during survey time because they reflect what is expressed by residents and what has been addressed. Another issue that comes

up with Resident Council is staff attendance at those meetings. If the residents request staff attendance, that is acceptable and should be reflected in the minutes. If they prefer no staff attend, that is their right.

What are the rules about activity calendars? Oddly enough, there is no requirement for an activity calendar in the Federal regulations. (However; under State Licensure regulations for skilled care, you must have one activity calendar posted in the building). It is *standard practice* to have an activity calendar for two reasons; first, so the residents will know what programs are offered each day, and secondly, it can be used as evidence of what you offer if any questions arise during survey or with families. A calendar would also count as one of the “systems” you have in place. Therefore; it is recommended that you have calendars available. It is not recommended that you put on a care plan that “a calendar will be posted in the resident’s room”. If that calendar should fall for some reason, or the resident takes it down and it is not there when surveyors check, you could get cited because you were not following your care plan. You can still place them in the rooms, just don’t put it on the care plan.

***** Everything stated above is from the Federal regulations F tag 248. However, your facility may have specific policies that differ. If anything in your facility policy does not agree with what is said above, then you must follow the policy you have in place or change the policy. For example, if it is a facility policy that you write quarterly progress notes, you must follow that even though the regulations do not require it *****

SCAPA 2017 Award Winners



Distinguished Service
Renee Bledsoe



Activity Professional of the Year
Janice Branham; Pinedale,
Camden



District of the Year
Lower



Distinguished Merit
Catherine Pate



Rookie of the Year
Ryan Boselowitz



Volunteer of the Year
Carolyn Johnson

SCAPA 2017 Annual Conference

Hosted by
Central District





Post Conference Comments/Responses

Comments:

Sound system inefficient, delegate a sound person (*we will ask someone if they are willing, hotels do not keep people on hand at all times for this without charging a large fee and an outside company sets it up*).

Lunch that was provided was pitiful, like a child's picnic lunch (*it was noted in all pre-conference materials, the newsletter and eblasts that box lunches were the only options we could afford without raising the conference fee. There is also no space for the hotel to set tables for plated or buffet meals without taking exhibit or session space, which we cannot do. The lunches were offered at the attendees' request so they would not have to leave the hotel, however; the option to leave is open to anyone and 1.5 hours is allotted for lunch. Guests may also use the kitchens in their rooms as preferred. We apologize, but are limited in what we can offer by the hotels*).

Lots of New AP's at this conference, Wonderful Conference, in my opinion, the best yet! Good deal at the hotel and glad they can keep accommodating us.

Awesome

Great

If possible to have coffee in the mornings (*also addressed in last year's comments and pre-conference Materials. To offer coffee or sodas would increase everyone's fee by at least \$15.00. Some members must pay their own costs and prefer we keep the costs down. One soda is \$4.00 with the 30% charges and coffee is comparable for just ONE cup and many would drink more than one. It was suggested in pre-conference materials to bring coffee from the room as well as snacks and drinks needed.*)

It was my first conference and it was wonderful. Thank you!

Concerns about rooms being cold or hot, (*also addressed in last year's comments in the conference notebook. This is hard to control*)

Provided meals really bad (*did not attend banquet, so assume they meant lunch boxes, see above*)

Spacing per class (*addressed at the opening session and in a pre-conference email and the hotel has agreed to move some things next year so all session rooms will hold about 80 people*)

It was a great conference

So happy with the breakfast this time!

Speakers going over time, 5 minute warning (*speakers were given 5 minute warnings, one speaker started late because attendees were not ready and was given an extra 5 minutes for that. Please shoot me an email with the class as none of the monitors I spoke with knew of a class going over*).

Not a thing was wrong! Thank you to all those who worked so hard to put this on, great job. Thank you!

Maybe hotel can have SCAPA members in a block together; noisy neighbors (*please contact the desk in the future and ask this be addressed. The hotel will not guarantee members can be close together as we must go where the vacant rooms are, but I will suggest it*).

Central district did an amazing job with the conference. Everything was organized and well run.

The sessions were wonderful and varied. The banquet couldn't have been better, great music, great decorations and great food.

Everything was wonderful!! Great job

Great conference

Email post conference with links to online handouts to share with co-workers; contact info (emails) on list of attendees if they agree on reservation form. Some handout slides hard to read. (*Most speakers brought their own handouts or did not provide them in an online format, to keep others from copying them and using inappropriately. The size of the handouts was what was sent to us.*)

Post Conference Comments/ Responses

Copying handouts is very expensive. Some organizations have gone to a system of sending them to attendees by email and having them print and bring them with them. If preferred, SCAPA could look into this option. Unfortunately, to keep people from copying/plagiarizing speakers, they often leave pertinent info out of these handouts when sent digitally)(We have had attendees get upset with us in the past when their email and phone information was given out. We think it would be best to share that information amongst yourselves)

All good, thank you all

The best one yet

Best conference ever!

No need for microphones when speakers are in sectioned rooms (*unfortunately, this has been a problem in every hotel we have ever been in. We try and ask everyone to keep noise down. If anyone needs special accommodations to hear a speaker, please let us know in the future and we will have you seated close to them. Please try and focus in on the speaker and not the extraneous noise*)

Great!

Better explanation of course in booklet. Some titles misleading. (*We have to go based on what the speaker sends us and do apologize for anything that is misleading in the session title/description. If you ever have questions about a session topic, please feel free to ask me and I will try to get more clarification*)

Enjoyable

Thank you so very much for the box lunches on Wed and Thurs! The vendor room was a blast and so creative.

Shorter sessions with more quantity. Offer members to lead sessions (*SCAPA has always asked members to let us know if they would be interested in leading sessions. The districts each have two workshops per year and this is a great time for members to start presenting. 4 SCAPA members actually led sessions this year. I am not sure how shorter sessions would offer more, but am open to suggestions. Most speakers express they feel rushed if the time is shortened and many topics cannot adequately be covered in less time. Anyone interested in speaking needs to please contact me or send a resume of speaking experience, topics, etc.*)

On Point ladies and gentlemen

Best conference!

Piedmont

Continued from Page 7

and maybe that is true, but I also know that God blessed me with a compassion for a group of people that are to often forgotten. I count my self lucky to be able to spend my days surrounded by such national treasures.

I look forward to working with the Piedmont District members and hope that we can continue to gain new members. As the saying goes, my door is always open, I look forward to your suggestions, ideas and comments. I look forward to seeing you at our 2017 Spring Workshop.

The work shop will be held on Friday, May 5 from 1p-4p at Shepherd's Care Center. The address is 2100 North Pleasantburg Drive, Greenville SC 29609. A big THANK YOU to Stephanie Stidham for hosting the workshop. I have planned for us to topics to focus on Resident's Rights and Simple Crafts. Remember that this is a way to earn 3 CEU's.

My email is marybbatson@yahoo.com if you need to contact me.

Look forward to seeing everyone!

Pat Yourself on the Back

SC Has the most NAAPCC Board Certified Activity Professionals of any other state with WI running a close second! FL is in 3rd place. Congratulations!!

Survey News



Linda Wright, AP-BC, ADC, CCCI



Survey Results

1) infection control: soiled linen put in container without lining.

2) expired meds-treatment cart

3) drug regimen review:-not done in a timely manner

4)No documentation of MD visit for several months. Doctor had been there, just no progress notes.

5) dietary:- expired food in the

emergency storage

6) Unnecessary meds with no documentation on behaviors or interventions

7) Dignity: 1) Adaptive equipment no longer needed, was not d/c'd. 2) Staff not closing curtain while attending a resident with other people in room. 3) Two residents in room received supper tray at different times; one resident watched roommate eat their food

while waiting on theirs.

8) Notification-family not notified of orders in a timely manner.

Please feel free to share survey results for SCAPA members to keep informed. Facility name will be kept confidential. SCAPA members need to know what DHEC tags have been cited. It helps all of us to do our jobs better. Remember, the more you know, the more you grow!

From the NAAP Conference

Continued from Page 4

of your ship? Be the mentor, be the model, be the monitor and be the motivator. Take responsibility for actions and choices. The blame game is part of the "victim" syndrome, not the sign of a leader. A leader owns the consequences of their choices or actions, they do not blame others, circumstances, situations, the weather, politics, etc.

When designing an activity program, ask yourself if it is something you would enjoy doing at the age of the residents being served? If you would not enjoy it, why would they?

Perceptions have to change; what "users" (our residents) want and what the "designers" (regulators, corporations, families) want, is not always the same. We must

educate and document and provide what the resident wants, even if it is not what others want for them.

When providing an activity, it is not about the "tool", the program itself, it is about what becomes of it, the connection made with that resident.

Go to www.hsph.harvard.edu and read the article The Aging Game. One thing that has come out of studies is that of a group who exercised with a friend and a group who just met with peers at a sports club & did not actually exercise, the actual exercise had no impact in their longevity. This does not mean exercise is not good, but it does demonstrate the social connections with others may be just as important or impactful.

Those are just a few tidbits from the NAAP conference. There was so much more and there is no way for me to cover all the presentations here. If you ever have the opportunity to attend a NAAP conference, I highly recommend it. SCAPA brings in a couple of national speakers for our conference, but at NAAP, you have the opportunity to hear from many more! Next year it will be in Philadelphia, PA, April 24 – 27 and then in 2019, it is slated for Charleston, SC!! *There will NOT be a SCAPA conference that year so you can attend the NAAP conference.* You will need to be a NAAP member in order to attend at the member rate and NAAP SC members will receive a 10% discount to that conference! I will also be contacting SC NAAP members soon to help with that conference. So, if you have not done so, join NAAP!! WWW.NAAP.INFO